

PREPARING

LUGGAGE

- 1 15 min BEAUTIFUL FACE**
Suitable for everyone. An exfoliating enzyme mask allows the person to attain a look of instant freshness.
- 2 15 min SILKY BODY**
An anti-oxidant exfoliation that removes dead cells from the skin. It is recommended as a preliminary stage for all body treatments.
- 3 15 min ETHEREAL LIMBS**
After a long-distance flight, pamper your hands and feet with this short relaxing massage.

ONBOARD

- 1 25 min AFTER SUN FACIAL - MYLOS**
Enjoy the beneficial properties of Aloe Vera which hydrate and calm your skin through this mini facial treatment.
- 2 25 min SEAWEED THERAPY - NAXOS**
A body mask based on algae and natural marine elements. Very rich in minerals, vitamins, trace elements and iodine, for a slimming and detoxifying effect.
- 3 25 min TAILOR MADE MASSAGE - TINOS**
A personalized treatment for all ages. This tailor made massage is based on your needs and requests.

Face treatments

- 1 50 min CLEANSING TREATMENT - IKARIA**
An anti-bacterial facial that removes impurities. It smooths and hydrates the skin, revealing a perfectly calm and soothed complexion.
- 2 50 min COLD THERAPY - AMORGOS**
This facial uses the age defying effects of cryotherapy. A flawless skin brightening experience with outstanding firming results.

spa menu

CHOOSE THE SPA TREATMENTS
THAT YOU PREFER AND...
...PREPARE YOUR JOURNEY



MAIN SPA DESTINATION

Body massages

- 1 70 min CRETAN MASSAGE**
A profound massage from top to toes based on Cretan olive oil, orange and raki extracts. A travel back in time through the ancient techniques of this treatment, giving revitalization and balance to your body and soul.
- 2 50 min ANTI-STRESS MASSAGE - PAROS**
An ideal choice for first-timers, this classic massage is the foundation of all western massage techniques. The therapist exercises gentle to medium pressure while using nourishing aromatic oils to stimulate blood circulation and to promote relaxation.
- 3 50 min DEEP TISSUE MASSAGE - ANAFI**
This sport massage, which increases muscular flexibility, is suitable for both men and women. A powerful experience designed to fit individual needs and to reduce stress and muscular tension.
- 4 45 min BACK, NECK & SCALP MASSAGE - PATMOS**
This back massage combines classic techniques with the Asian philosophy to release stress and tension. It is followed by an Indian scalp massage for deep relaxation.
- 5 40 min ANTI-CELLULITE MASSAGE - KALYMNOS**
Specialized abdominal, hip and thigh drainage massage techniques in order to eliminate the appearance of cellulite, boost circulation and reduce fluid retention. Leaves the skin firmer and smoother to touch.
- 6 2x50 min COUPLE'S MASSAGE - SKOPELOS**
We invite you to a unique romantic journey of senses. Aromatic and essential oils joined together for a welcoming atmosphere. Specially created for honeymooners and couples, this aromatherapy massage offers you inner peace and harmony. An unforgettable memory.

JOURNEY'S

HIGHLIGHTS

- 1 85 min AECEO RITUAL - RHODES**
A signature treatment that you can find in all our spa centers across Greece. A full body scrub with lavender prepares your skin for the beneficial elements of the Aegean Sea body mask. This exquisite combination is followed by a bespoke massage with blended oils suitable to your needs. Make this journey your own destination.
- 2 105 min THE ULTIMATE JOURNEY - AECEO SPAS**
A heavenly anti-stress face and body experience. Aromatic oils dance across the skin in a symphony of texture and scents, soothing and polishing your body from top to toes. This synergy continues with a blissful, nurturing massage therapy enriched with pomegranate oil. This ritual concludes with a perfect care for eyes and lips.

HOME SWEET HOME

- 1 20 min VANILLA ESSENCE - KEA**
The sweet aroma of vanilla combined with honey makes this body wrap a treat for your senses. This therapy gently softens and nourishes the skin.
- 2 20 min SOOTHING ALOE - POROS**
Instant relief thanks to the healing properties of Aloe Vera. This refreshing envelopment is ideal to rehydrate your skin after sun exposure.
- 3 20 min CHOCO DELIGHT - SYMI**
A delicious body massage based on chocolate. Its color, aroma and creamy texture melt on the skin, providing total hydration and nourishment. An ideal treatment for children.
- 4 20 min FACE MASSAGE - IOS**
An ideal treatment to complete your journey by reaching total relaxation with a unique face and ear cuddling.